



**SELF LOVE CLUB *Fitness***  
Self Love is the Best Love

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SELF LOVE CLUB FITNESS</b>							
6:00am - 8:00am	Private Training	Private Training	Private Training	Private Training	Private Training	Private Training	
9:00 am - 10:00 am	Private Training	Private Training	Private Training	Private Training	Private Training	<b>Future Class!</b>	
10:00 am - 11:00 am	Private Training	Private Training	Private Training	Private Training	Private Training	<b>Cardio Boxing Mommy &amp; Me Boxing</b>	
12:00 pm	Private Training	Private Training	Private Training	Private Training	Private Training	<b>OPEN GYM</b>	
1:00pm	Private Training	Private Training	Private Training	Private Training	Private Training		
4:00 pm	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>		
5:00 pm	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>		
6:00 - 7:00 pm	<b>Toning/ Kickboxing  Mommy &amp; Me Kickboxing</b>	<b>OPEN GYM</b>	<b>Toning/ Kickboxing  Mommy &amp; Me Kickboxing</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>		

<b>7:00 - 8:00 pm</b>	<b>Cardio Boxing Mommy &amp; Me Boxing</b>		<b>Cardio Boxing Mommy &amp; Me Boxing</b>				
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